

## FY22 Community Connections Collaboratives Service Description

### Overview

Community Connection Collaboratives (CCC) provides a framework for older adults to build community, learn health and wellness skills, and explore other educational interests to enrich their lives. CCC services and programs are to be available and open to all residents in the county-wide service area.

During FY 2022- FY 2024, the Illinois Department on Aging and Area Agencies on Aging will work in collaboration with other community-based providers within our region to address social isolation among older adults with the goal to reduce social isolation in our service area. Social Isolation is the objective absence of contacts and interactions between a person and a social network. Thus, socially isolated older adults have poor or limited contact with others, and they view this level of contact inadequate, and/or that the limited contact has had adverse personal consequences for them. Primary risk factors associated with isolation include: living alone, mobility or sensory impairment, major life transitions, socioeconomic status (low-income, limited resources) caregiver responsibilities, psychological or cognitive vulnerabilities, physical location (rural, unsafe or inaccessible neighborhood/community), small social network, limited English speaking, membership in a vulnerable group.

AgeGuide Northeastern Illinois recognizes that Community Connection Collaboratives, by their very nature, are on the frontlines of providing access to important social connections and to assist older adults in developing new social supports. AgeGuide encourages applicants to address how they currently work to reduce social isolation and provide examples of new programming that will enhance and expand current efforts.

Opportunities through CCC should be expanded through building collaborative networks and not bound by the walls of a traditional senior center. Linking older adults to existing and expanded programs, and encouraging participation and volunteerism are essential functions of CCCs. Program design should create opportunities to both give and receive social and emotional support, strengthening a sense of community and should include a special focus on those individuals at risk of social isolation.

### Service Design:

The CCC grant provides funds for a service bundle comprised of Education, Health Screenings and Evaluations, and Recreation programs. All CCC service programs are designed to support each other and are to be relevant to the needs and interests of the older adult population for the county-wide service area.

1. Education (2 parts)
  - A) Evidence-Based Programs. At minimum, one evidence-based health promotion programs for grants under \$20,000, two for grants \$20,000+. Through evidence-based

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health programs, older adults are empowered with best practices for managing their health and gain an increased sense of wellbeing. Visit the Agency on Aging website ([www.ageguide.org](http://www.ageguide.org)) Service Standards for Health Promotion Programs for listing of allowable services.

B) Educational topics include; financial planning, benefits/insurance, literacy, technology, life mapping and other topics of interest.

2. CCC is to also offer health information and screening events, preferably in support of evidence-based workshops or other relevant educational events. For example, if conducting a screening for diabetes, a diabetes related class or workshop should closely follow the health screening event.
3. Recreation activities to foster the health and social well-being of individuals.
4. Encouragement and recruitment of volunteers to lead programs and recreational activities.

### **Title III-B Community Connections Collaboratives Services Requirements:**

The CCC service provider will be required to perform the following activities:

1. Units/Persons
  - a. The provider will minimally serve the number of persons and units as determined by AgeGuide during the grant period. See page 3 FY22 Service Projections
2. Staffing: Dedicate at least 2 staff positions to coordinate and provide CCC service programs.
3. To be eligible for a CCC grant, organization(s) must demonstrate a working relationship with community organizations providing services for older adults age 60+.
4. Conduct at minimum one top tier evidence-based health promotion program per year for grants \$20,000 and below, two if funding exceeds \$20,0001. CCC grant funding may not be used to fund a group dining experience.
5. Training:
  - a. Commit to maintaining facilitator levels and credentialing requirements during contract term.
  - b. Attend AgeGuide Quarterly meetings and trainings.
6. Budgeting allowances should follow the following guidelines. Education; no less than 33%. Health Screenings and Evaluations and Recreation are not to exceed 33% each.
7. Adhere to the Agency on Aging General Service Requirements and the program specific requirements as well as reporting requirements for these services. Visit the Agency on

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Aging website ([www.ageguide.org](http://www.ageguide.org)) for Service Standards and information on reporting requirements.

### Fiscal Year 2022 Title III-B Community Connections Collaboratives Service Projections:

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
<b>DuPage</b>		
Education	140	1400
Health Screenings	42	126
Recreation	56	373
<b>Grundy</b>		
Education	24	240
Health Screenings	75	75
Recreation	40	24
<b>Kane</b>		
Education	600	4500
Health Screenings	100	100
Recreation	1400	9500
<b>Kankakee</b>		
Education	200	2000
Health Screenings	125	125
Recreation	90	120
<b>Kendall</b>		
Education	350	1400
Health Screenings	130	260
Recreation	250	1100
<b>Lake</b>		
Education	625	2000
Health Screenings	100	100
Recreation	200	950
<b>McHenry</b>		
Education	800	9600
Health Screenings	60	60
Recreation	1800	2150

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<b>Will</b>		
Education	1300	5000
Health Screenings	250	500
Recreation	900	2200