



Tales and Travel Memories Library Program

Each one-hour program takes participants, persons diagnosed with dementia, on an imaginary trip to another country utilizing books, music, artifacts, folktales and interesting facts about each destination.

- Tales and Travel Memories destination kits are available for check out and contain non-fiction books about the destination, music, games and other items.
- Each kit also includes a checklist and sample agenda to help facilitate the program.
- Kits are available, free of charge, to community organizations, facilities and caregivers, and can be checked out for a month at a time.

The program has received positive feedback from caregivers and volunteers. They have reported an increase in social and cognitive interaction, and various types of cognitive engagement including verbalization, memory recall, reading ability, and emotional engagement.

To learn more about Tales and Travels, or to check out a destination kit, contact Colette Jordan at 630-293-5990 or cjordan@ageguide.org