

## Senior Tablet Program

Dear Residents of Lake, McHenry, Kane, Kendall, DuPage, Will, Grundy, and Kankakee:

Through a grant from the state of Illinois, AgeGuide, your Illinois Area Agency on Aging and T-Mobile have partnered to provide tablets to adults, aged 60+, to help them connect to their family, friends, community and health providers through technology. This program is being offered as a way to reduce loneliness and isolation through technology.

AgeGuide will provide internet connected tablets, with up to 2 years of a data plan, and tutorial sessions. At the end of the data commitment, the tablet is the property of the participant, but the provided data plan will be discontinued.

We are excited to be able to offer this opportunity to residents of our 8-county region on a first come, first served basis and provided you meet the following requirements:

- 1. Participants must be age 60 or older.
- 2. Participants must complete three 1-hour classes.

Classes will be held virtually, in small class sizes, starting with a conference call. Number to call will be provided in the AgeGuide Welcome packet along with the tablet. Classes will cover the following topics:

Class 1: Conference call to start, technical assistance regarding operation of the tablet, including how to use the camera and microphone, setting up a Google account (Gmail) and an introduction to Zoom video conferencing.

Class 2: Meeting on Zoom, setting up and accessing email and social media to connect with family and friends.

Class 3: Meeting on Zoom, surfing the web, utilizing apps safely for information, education, banking, health and shopping.

3. To receive a tablet and Welcome packet, participants must complete an intake form and the UCLA Three Item Loneliness Scale questionnaire prior to receiving the tablet and post tutorials. Forms will be filled out over the phone. The questionnaire is intended to measure the project's effectiveness at reducing feelings of loneliness and isolation.

If you would like to participate in this program, please complete the form on the reverse of this page and return it to the office you received it from, or to AgeGuide via mail, email or fax.

Mailing address:	AgeGuide	Fax: 630-293-7448	Email: akvedaras@ageguide.org
	Attn: Alaine Kvedaras		
	1910 S. Highland Ave, Ste 100	Phone 630-293-5990	
	Lombard, IL 60148		



## Senior Tablet Program Application for Participation

Name		
Address		
City	State	Zip Code
Telephone Number		
Birthday		

By signing this application, I make the following representations as a condition of my participation in the program:

- 1. I am 60 years old or older.
- 2. I agree to participate in each of the 3 required classes as noted on the first page of this application.
- 3. I agree to complete the intake form and questionnaires discussed in the notice on the reverse of this application.
- 4. If chosen to participate:
  - a. I agree not to loan, sell, donate, or gift any equipment or service provided by this program to any other person or organization.
  - b. I understand and agree AgeGuide may monitor the amount of data I use for this program.
  - c. I understand and agree if my account shows no data usage during any month during the first 2 years after I receive a tablet AgeGuide may require me to return my tablet and discontinue my participation in the program.
  - d. I agree to immediately report malfunctioning, lost or damaged equipment to AgeGuide. I understand and agree I will receive only one tablet and lost or damaged equipment will not be replaced.

Signature	Date