

Oswego Senior Center Newsletter

Volume 13, Issue 9

September 2021

Current Hours

**9-Noon: Tues, Thurs, Fri and
2nd Monday of month.
In-Person and Virtual
Activities as Scheduled**

OSC Temporary Location: Church of the Brethren

**155 Boulder Hill Pass, Montgomery
Mailing Address:
PO Box 521, Oswego, IL 60543
Phone:630-554-5602
Fax:630-554-7365
www.oswegoseniorcenter.org**

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daveb@oswegoseniorcenter.org

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**Oswego Senior Center is a 501(c)3
non-profit organization and
donations are tax deductible to the
extent allowed by law.**



Oswego Senior Center

NEWS ON THE OSC MOVE FROM EXECUTIVE DIRECTOR DAVE...

Oswego Senior Center plans to move temporarily into Neighborhood Church of the Brethren, at 155 Boulder Hill Pass, Montgomery. We will conduct most all of our current on-site activities at the Church. We want to thank Bob Hamlin and all the other people of the Church for helping us with the location. They have been terrific! We hope to be there just a month or two, as we are trying to buy a long-term facility. We want our seniors to have a permanent place to call their forever home. We are starting a capital campaign and seeking community support. We also want to thank the new owner of 84 Templeton for his cooperation during our transition. A special thanks and appreciation to all the other organizations who have been helping OSC through this time of uncertainty: Allied First Bank, Oswego American Legion and Diamond Senior Apartments. The Oswego Library, Fire Department and Dave Erickson of Edward Jones will be working with us for more classes and events. We certainly miss the breakout rooms used for congregate meals, classes, exercise, woodworking, library, gift shop and technology we used to have. These activities are in mind as we pursue a permanent location. We want to thank all our seniors for your kind support. We will work together to make this happen! Those interested in more information, contact Dave at daveb@oswegoseniorcenter.org.

***Please note:** Changes in days of On-Site operation. 9-Noon: Tues, Thurs & Fri. We may still be conducting payments at 84 Templeton. Please call before coming to make a lunch or trip payment. Activities will be held at the Church as scheduled.*

OSC PARKING LOT BINGO

CHURCH OF THE BRETHREN, 155 BOULDER HILL PASS, MONTGOMERY

TUESDAY, SEPTEMBER 21ST, 10:30AM

(RAIN DATE: TUES, SEPTEMBER 28TH, 10:30AM)

SPONSORED BY OASIS SENIOR ADVISORS AND PRESTO

REAL ESTATE Join us for safe Parking Lot Bingo. Enjoy goodies, snacks, Bingo and prizes all from the comfort of your car or bring a lawn chair. **Reservations required by Mon, Sept. 20th. Call 630-554-5602.**



JOIN US FOR LUNCH! See page 3 for details!

WEDNESDAY, SEPT. 8TH, NOON AT OSWEGO LEGION

Buffet Lunch: Grilled Hamburgers, Hot Dogs & more!
\$10 per person. Register by phone at 630-554-5602.
Payment due by Thursday, 9/3/21.

WEDNESDAY, SEPTEMBER 15TH, NOON AT 113 MAIN

Three delicious meal choices, Iced Tea or Coffee. **\$13 per person.**
Register by phone, 630-554-5602. Payment due by Thursday, 9/10/21.





Thank you!

OSC's Supporters... ...the Foundation for Our Success

\$1,000 Maple Tree Sponsors:
Asbury Gardens
Cedarhurst Senior Living
Heritage Woods of Yorkville
Heritage Woods of Plainfield
Bardwell Residences
Exp Realty - The Kearns Team
Meghan Nemiroff, P.C

Participating Sponsors: Alden of Waterford, American House Cedarlake, Plum Landing, David Erickson of Edward Jones, Gail Gauger, Keith Bielema, BSW of Kendall County Health Depart., Connect Hearing, Brian LeClerc of LeClerc Financial, Valley View Dental, DMJ Home Health, Jan Williams, RN Officer Kelly Garcia and Deputy Paul Kubinski

FUNDING MADE POSSIBLE BY GRANTS FROM:

**Kendall County Senior Tax Levy,
 Village of Oswego, Oswego Township,
 AgeGuide (Older American's Act), as well as
 program fees, donations and fundraisers.**

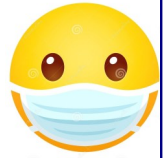
OSI BOARD OF DIRECTORS: .

Wally Hamlin, President
 Patricia Dunn, Vice President
 Pam White, Secretary
 Board Members: Judy Sollinger, Linda Radecki,
 John Milburn, Rick Fry, Scott Gryder, Nancy Patush,
 Lynn Cullick and Craig Weber
*Questions or concerns for the Board may be directed
 via email: board@oswegoseniorcenter.org*

OSWEGO SENIOR CENTER

IN-PERSON ACTIVITIES GUIDANCE

Due to the recent rise in CoVid cases and that other public offices in Kendall County have reinstated the mask wearing requirement for inside their buildings,



Oswego Senior Center is requesting all patrons to wear a mask while attending in-door activities at the OSC. Once seated within your own group, patrons may make their choice collectively to remove their mask.

- We ask to not bring in food into the building, as we do not have a janitorial service. You may bring in your own water or coffee container.
- Please observe activity times. You are welcome to visit outside.
- Please stay home if you experience any symptoms of Covid19.

We appreciate your cooperation. As things may change throughout the month please consult on-site postings for CoVid updates.



USE AMAZONSMILE TO EARN DONATIONS FOR OSWEGO SENIOR CENTER

AmazonSmile is a way customers can support Oswego Senior Center every time you shop with **Amazon**, **at no additional cost.** Customers who shop at smile.amazon.com will find the same Amazon they know and love, with the added bonus that Amazon Smile will donate a portion of the eligible purchase price to the charity of your choice.

How to sign up for Amazon Smile:

1. Visit <https://smile.amazon.com/>
2. Sign in with the same account you use for Amazon.com
3. Select Oswego senior Center as your charity
4. Start shopping! Remember to checkout at smile.com to generate donations for Oswego Senior Center. Sign-up soon!



OSWEGO SENIOR CENTER *hosts* BUFFET LUNCH AT OSWEGO AMERICAN LEGION

19 W. Washington, Oswego

WEDNESDAY, SEPTEMBER 8TH AT NOON

Register by phone 630-554-5602.

Payment Due by Friday, 9/3/21

Grilled Lunch Buffet includes:
Burgers and Hot Dogs off the Grill, Cole Slaw, Potato Salad, Jello, Ice Cream and Coffee

\$10 per person, includes tax and tip.
RSVP to 630-554-5602.
Advance Registration Required. Payment due by noon, Thurs, 9/3/21.
PLEASE CALL FOR IN-PERSON PAYMENT INSRUCTIONS!

OSWEGO SENIOR CENTER *hosts* LUNCH AT 113 MAIN RESTAURANT

113 Main St., Oswego

WEDNESDAY, SEPTEMBER 15TH AT NOON

Register by phone 630-554-5602. Payment Due by Fri, 9/10/21

\$13 per person, includes tax and tip. 70 Capacity
RSVP to 630-554-5602.
Advance Registration Required. Payment due by noon, Thurs, 9/10/21.
PLEASE CALL FOR IN-PERSON PAYMENT INSRUCTIONS!

- Meal Choice:**
- ✓ 113 Burger and Coleslaw
 - ✓ Salmon Salad and Bread
 - ✓ Chicken fingers ad Truffle Fries



Served with Iced Tea or Coffee

In person payment only; no mailed checks.
Checks payable to OSC or Cash.
No refunds or Meal Choice Changes after required payment date. No reserved seating; first come first serve.
Please Note: Restaurants may set their own Mask, Table Distance and Occupancy Rules.

OSC hours for Payment: 9am-Noon: Tuesday, Thursday and Friday. Please call 630-554-5602 for Payment Instructions!



Oswego Senior Center

PO Box 521, Oswego 630-554-5602

Please Call for Payment Instructions!

Oswego Senior Center
 Senior Singers present
Concert in the Park

10am Friday, September 3rd
 Austin Park, 1345 S. Broadway, Montgomery
 Sponsored By



September 2020 Enthusiastic Concert Fans!

Come enjoy the OSC Senior Singers for some lively entertainment in the beautiful Austin Park setting! You'll be humming along to a lot of your favorites. Reservations are not necessary. Just bring a lawn chair and experience a delightful morning Concert. Refreshments and raffles provided by Heritage Woods of Yorkville! For more information call OSC at 630-554-5602.

DIME JINGLE

2ND MONDAY OF EACH MONTH

SEPTEMBER 13: 10AM - NOON

**IN-PERSON AT CHURCH OF THE BRETHREN
 155 BOULDER HILL PASS, MONTGOMERY**

Join the fun at OSC for Dime Jingle and win some games! Cost is \$2 for purchase of the coins to play the game. 14 dimes and 2 quarters gets you 16 games of fun! Dime Jingle is played with a deck of cards at tables of 4 players. No card experience needed, but luck is helpful! Plus a chance to Win Door Prizes! *Call 630-554-5602 to let us know you are coming!*



**Lots of Fun! Easy to play!
 Dime Jingle!
 Anyone and Everyone can Learn!
 And Lots of Winners!**

FALLS PREVENTION DAY

WED, SEPT. 22: 11:00AM-NOON

**IN-PERSON AT CHURCH OF THE BRETHREN
 155 BOULDER HILL PASS, MONTGOMERY**

September 22nd is the calendar start of the fall season and is an appropriate date that we realize "falls" are a very serious matter and that we all need to be mindful. Falls are the leading cause of injury-related emergency department visits. September 22nd is used nationally to call attention to this health issue.



**"Ways to Improve Balance and Gait"
 presented by Scott Siefer, PT, DPT
 Athletico Oswego Facility Manager**

**"Drug Interactions and Dizziness"
 presented by Kim Brzezinski, R.Ph.
 Pharmacist, Walgreens at Orchard Rd.**

Call 630-554-5602 to Register

OSC PARKING LOT BINGO

Tuesday, Sept. 21st, 10:30-11:30am



Oswego Senior Center



Hosted by Oswego Senior Center
at Church of the Brethren

155 Boulder Hill Pass, Montgomery

Presenting Sponsor: Oasis Senior Advisors and
Presto Real Estate Services

Join us for safe Parking Lot Bingo! Goodies,
Prizes and fun Bingo Games all from the comfort of
your car or bring a Lawn Chair.

OSC staff will provide car-side assistance.

Advance Registration required by
Friday, Sept. 28th Call 630-554-5602

(Rain Date: Tuesday, Sept. 28th, 10:30am)

Tues., Sept. 21st, 10:30am

OSC Parking Lot Bingo
To be held at
Church of the Brethren,
155 Boulder Hill Pass

Sponsored by
Oasis Senior Advisors and
Presto Real Estate Services

Enjoy Sponsored Snacks,
Bingo Games and Prizes!

Visit with Your friends!

Win Some Prizes

Play from Your Car or
Bring a Lawn Chair!

RSVP 630-554-5602

Thank You to our Sponsors!



September Birthday Corner - Happy Birthday to our Congregate Lunch and Current Active Participants!

Belated Wishes to Jim Owens, August 9!

Maxine Brinker	Sept. 2	Lois Anderson	Sept. 10	Art Mounts	Sept. 14
Linda Marshall	Sept. 3	Shirley Jones	Sept. 11	Terrie Haas	Sept. 17
Joseph Schramek	Sept. 9	Edna Lloyd	Sept. 12	Linda Lumbert	Sept. 23



INFORMATION ON COVID19 VACCINES

State of Illinois offers vaccination-location map and guide. Find vaccination locations on the map and get appointment information by following the listed links. <https://coronavirus.illinois.gov/s/vaccination-location> **Kendall County Health Department** Vaccinations registration open to individuals who live or work in Kendall County. <http://www.kendallhealth.org/community-health/covid-19-vaccine/> **Kane County Health Department** operates the Kane Vax Hub for vaccinations, <https://www.kanevax.org/> **Age Guide** offers multiple resource sites: <https://ageguide.org/covid-19-resources-for-older-adults/> Plus many Walgreens, Osco and other Pharmacies have open vaccination times or can set appointments. Just call your local Pharmacy.

CoVid19 Vaccination

Registration Assistance for Seniors

is available from the Oswego Senior Center Just call us 630-554-5602 if you, a friend or neighbor would like help. Please leave a detailed message if no answer.



TRAVELING JEWELRY & GREETING CARD

SALE DISPLAY - LUNCH AT THE LEGION

2ND WEDNESDAY EACH MONTH, 11:15AM –NOON



With limited access to our Gift Shop, we are bringing, items for sale to you at our luncheon! Bring your wallet and shop!

While in our temporary location the Gift Shop & Library will not be available.

In Memoriam:

Virtus McNary and Marylin Jean McNary

Loretta Warzynski

Herschel Luckinbill

Lorraine Kwik

Charlotte Mihalka

We wish to extend our heartfelt sympathy to all family and friends.

HISTORY THROUGH BIOGRAPHIES

WEDNESDAYS, 11:00AM-I:00PM

SEPTEMBER 1ST AND 15TH: HELD IN-PERSON AT OSWEGO LIBRARY AND THRU ZOOM

SEPTEMBER 18TH, 22ND, 29TH: ZOOM ONLY

Mike Adolph, a retired History teacher, moderates lively discussion as participants explore history by presenting biographies they've chosen. **3 ways to join thru Zoom:** 1. Call 630-554-5602 for an invitation. 2. Join through our website: oswegoseniorcenter.org, Zoom Classes/ Links. 3. Connect with this link. <https://zoom.us/j/91213707182> .

Join the group In-Person at the Oswego Library, 32 W. Jefferson St., Oswego. 2nd Floor. Elevator available. Coffee Permitted. Close parking.

OSC TECHNOLOGY LAB AND SOCIAL CLUB

THURSDAYS, 11AM - NOON THRU ZOOM

MEGHAN NEMIROFF, P.C. AND EXP REALTY, KEARNS TEAM PROGRAM FUNDERS

Instructor: Gary Tollaksen

Need help with your PC or electronic device? Have questions about programs or email usage? **3 ways to join:** 1. Call 630-554-5602 for an email invitation. 2. Join through our website: oswegoseniorcenter.org, Zoom Classes/ Links. 3. Connect with this link <https://zoom.us/j/96603846311>.

COMPUTER ONE-ON-ONE LAB

TUESDAYS, 1-3PM, BY APPOINTMENT ONLY

IN-PERSON AT CHURCH OF THE BRETHREN

155 BOULDER HILL PASS, MONTGOMERY

If you need help with your pc, laptop or tablet for software, email or just general usage, set up a one-on-one appointment. Volunteer **Technology Instructor Gary Tollaksen** requests that persons making appointments have CoVid19 vaccination for his and your safety. Call 630-554-5602 for an appointment.

BEAN BAG BASEBALL

TUESDAY, SEPTEMBER 21, 2PM @OSC (CHURCH OF THE BRETHREN, 155 BOULDER HILL PASS, MONTGOMERY)

For successful play, we need prior and new players! Everyone welcome! Easy to play and our "Team" will help all new players. We are looking to schedule other teams as play resumes around the area. **Need at least 4 players! Call 630-554-5602 if you can play!**

CHAIR EXERCISE THRU ZOOM**MONDAYS AND TUESDAYS, 9 - 10:00AM "STRETCH"****THURSDAYS, 9 - 10:00AM "STRENGTH"**

Join us from the comfort of your home as we get moving with a chair exercise "Senior Strength" video. All ages invited! For this virtual class, you must join through an email invitation. **Call 630-554-5602, and you will be sent an email invitation for the class.**

TAI CHI THRU ZOOM**TUESDAYS AND FRIDAYS: 11:00 –11:45AM****INSTRUCTOR: KRISTI NIEDZWIECKI**

Tai chi is a slow moving, fluid exercise that helps with balance, movement, coordination, agility and mindfulness. Wear cool, comfortable clothing!

3 ways to join Zoom: 1. Call 630-554-5602 for an email invitation. 2. Join through our website: [oswegoseniorcenter.org Zoom Classes/ Links](https://oswegoseniorcenter.org/ZoomClasses/Links). 3. Connect with online newsletter link.

<https://zoom.us/j/91016268123>

Instructor Kristi appreciates class donations:

Connect with online newsletter link to make your donation: <https://www.studiochifit.com/donate>

HEART & BONES THRU ZOOM

HERITAGE WOODS OF YORKVILLE, HERITAGE WOODS OF PLAINFIELD AND BARDWELL RESIDENCES

PROGRAM FUNDERS

TUESDAYS: 10:00AM (BETH)**WEDNESDAYS: 10:00AM (BETH)****THURSDAYS: 10:00AM (BETH)**

USE THIS LINK FOR TUES—THURS:

<https://zoom.us/j/99979666548>

PLEASE NOTE: SEPT.16TH AND 30TH CANCELED DUE TO FLU CLINIC

INSTRUCTOR BETH PESHIA, OSC HEALTH & WELLNESS COORDINATOR. Participants who join this engaging,

fun fitness class will benefit from cardio, resistance and strength training. Balance, coordination, flexibility, agility and energy may be improved! Wear comfortable clothes and gym shoes. **To join:**

- 1. Call 630-554-5602 for email invite**
- 2. Visit oswegoseniorcenter.org, Zoom Classes/ Links.**
- 3. Connect with online newsletter link.**

FLEX AND STRETCH YOGA THRU ZOOM**MONDAYS: 10:00AM AND WEDNESDAYS: 11:00AM**

INSTRUCTOR: ELLEN VON OHLEN, Senior Fitness Specialist Ace Senior Fitness Certification; Ace Personal Trainer & Yoga certified training certificate
Ever wake up with your back or neck feeling stiff? Regain flexibility with yoga! This yoga class will focus on stretching & flexing poses to bring elasticity to the fascia and surrounding muscle tissue, which results in better range of motion, and the ability to move without muscle pain. Modifications made for all abilities.

New participants to Yoga please call 630-554-5602 for an email link. Current members use the same link as before. If you have misplaced your link, call 630-554-5602. Please Note: Class canceled Sept.1

LINE DANCING**FRIDAYS, 10-11AM****HELD AT ALLIED FIRST BANK GYM****3201 ORCHARD RD, OSWEGO****INSTRUCTOR: MARY LOVE**

Mary will get you dancing whether you are a novice or a pro. Line Dancing can help with coordination, balance, endurance as well as memory while having fun! **Call 630-554-5602 to let us know you are joining the group. To protect the Bank gym floor, sneakers or athletic shoes are required, no boots. Enter the Bank through their main entrance and proceed to the gym area. Please allow parking by the front entrance for Bank patrons. Masks may be required in the Lobby. \$2 donation requested.**

**GENTLE YOGA****FRIDAYS, 11:30AM -12:15PM****HELD AT ALLIED FIRST BANK GYM****3201 ORCHARD RD, OSWEGO****INSTRUCTOR: NEETA MOHANTY**

Yoga can be a great way to exercise the aging body. In this gentle yoga class, students use a chair and Neeta helps to modify positions for comfort and concerns. **Call 630-554-5602 to let us know you are joining the group. Enter the Bank through their main entrance & proceed to the gym. Please allow parking by the front entrance for Bank patrons. Masks may be required in the Lobby. \$3 class donation requested.**

WALKING CLUB (WEATHER PERMITTING)**TUESDAYS AND THURSDAYS: 9 - 9:45AM****MEET AT PARKING AREA OF OLD TRAUGHBER MIDDLE SCHOOL, 61 FRANKLIN ST, OSWEGO**

Meet up with friends or make new friends while taking a stroll through historic downtown Oswego. Wear your gym shoes. **Call 630-554-5602 if you are a "first timer" so we know you are coming!**

FINANCIAL EDUCATION SERIES**TUESDAY, SEPT. 14, 10:00AM****IN-PERSON AT EDWARD JONES OFFICE, 83 TEMPLETON DR.**

General Financial Advice - Bring Questions! Learn about the tools you need to succeed in the financial arena for today and tomorrow. Presenter: David Erickson of Edward Jones. **RSVP 630-554-5602.**

CAREGIVER SUPPORT GROUP**FRIDAY, SEPT. 17, 11:00AM-NOON****IN-PERSON AT CHURCH OF THE BRETHREN****155 BOULDER HILL PASS, MONTGOMERY**

Keith Bielema, BSW, of Kendall County Health Department Transitions Program leads the group.

Join us for this monthly support group for those who have found themselves in a caregiving role. This group offers support, ideas, resources and hope on the sometimes heavy journey through caregiving.

RSVP 630-554-5602 to join the group.**COIN COLLECTING****SECOND TUESDAY OF MONTH****TUESDAY, SEPT. 14, 11AM****IN-PERSON AT CHURCH OF THE BRETHREN****155 BOULDER HILL PASS, MONTGOMERY**

Do you have a coin collection? Do you have an interest in coin collection? Come and share your interest with others as we discuss coins, collections, history, and market trends.

Please call 630-554-5602 to**let us know you are interested in joining the group.****BRIDGE CARD PLAYERS****THURSDAYS 9:30 - 11:30AM****IN-PERSON AT CHURCH OF THE BRETHREN 155 BOULDER HILL PASS, MONTGOMERY**

Bring your own playing cards and score cards! Join old and new friends to play cards in person again. Please no food. **RSVP to 630-554-5602 so staff can plan your table space.**

**SENIOR SINGERS****REHEARSALS AT DIAMOND SENIOR APARTMENTS, 3350 WHITE OAK DR., OSWEGO (OFF ORCHARD ROAD)**

Please park in middle lot between the two buildings.

FRIDAYS, 10-11:00AM

New members always welcome!

If you enjoy singing, this is your opportunity to join a fun group. In addition to singing, Singers group also holds a potluck/game day last Friday of each month! For information, call 630-554-5602.

Everyone invited 10am Friday, Sept. 3rd to "Concert in Austin Park" Montgomery. Refreshments Sponsored by Heritage Woods of Yorkville!

HEARING SCREEN**WEDNESDAY, SEPT. 1, 10:30-12PM****IN-PERSON AT CHURCH OF THE BRETHREN****155 BOULDER HILL PASS, MONTGOMERY**

Always saying "huh" or "what"? Come in to get your hearing checked. The "Connect Hearing" doctor is offering FREE individual hearing screens on-site.

Call 630-554-5602 to reserve your FREE screening.**VETERANS EDUCATION WITH FREE BURGER****MONDAY, SEPTEMBER 27ST, 11:00AM-12:30PM****AMERICAN LEGION, 19 W. WASHINGTON ST, OSWEGO LOWER LEVEL**

Kendall County Veterans Assistance Commission (VAC) representative, Karylin Clevenger is treating Veterans and qualified spouses to Veterans benefits education and discussion over a burger and fries at the Oswego Legion. If you have specific questions or need special information, this meeting is for you!

Sponsored and Presented by Kendall County VAC.

Advance registration is required by Thursday, Sept. 23rd. Call OSC at 630-554-5602.

OAK/OSWEGO AREA KARVERS

EVERY FRIDAY, 9 AM - NOON

IN-PERSON AT CHURCH OF THE BRETHREN

155 BOULDER HILL PASS, MONTGOMERY

Experienced and novice carvers are welcome as well as interested beginners. To join the group, call OSC at 630-554-5602. OAK Led by Mike Noland (For more information, call Mike directly at 630-730-3490)

Please Note: No Karvers Sept.3, Sept. 10, due to booths at Sandwich Fair and Oct. 1 due to Wood Carver Festival. Be sure to visit our Karvers at both events or call Mike Nolan for more information!

CRAFT CORNER

Cedarhurst Yorkville Program Funder

If you are stumped by one of your craft projects or ideas, like to learn something new or share your craft interest, contact Rhonda at 630-554-5602 or rhonda@oswegoseniorcenter.org.



ASK A COP

2ND WED. EACH MONTH AT OSWEGO LEGION LUNCHEON
SEPT. 8, 11:15 –NOON

Police officers make all of our lives a little easier, not just because of the job that they do, but also because of the knowledge that they possess. Officers from Oswego Police or Kendall County Sheriff Department +plan to be on hand before lunch. Bring your questions!

AWESOME OTTAWA TOUR & LUNCH

Day Trip - Thurs, Sept 23rd

9:00am - 3:00pm

\$40 PER PERSON TRIP & TOUR (ONLY OSC BUS PATRONS FOR THE TOUR) LUNCH, ON YOUR OWN.

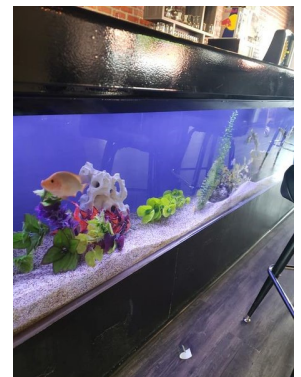
Enjoy an hour and one-half bus tour of historic Ottawa, IL. We will tour old homes, fantastic scenery while learn interesting facts and the tragic history of the area - the story of the "Radium Girls". OSC bus will depart from Church of the Brethren, 155 Boulder Hill Pass, Montgomery at 9:00am and travel to Ottawa. Awesome Ottawa Tours owner, Tom Aussem, will narrate our tour. Tom is a knowledgeable historian of the area and often earns a 5-Star review from his tour visitors!



Statue commemorates the local factory women who painted radium on wrist-watch dials in the 1920s, and suffered the horrible effects of its potent radiation.

After the tour we will head to A'Lure Restaurant, located in downtown Ottawa.

You may choose your own delicious meal from their extensive menu. Steaks, sandwiches and other American eats are offered in the laid back digs which also feature an aquarium built into their bar.



Reservations and Payment required by 12:00pm, Thursday September 16th.

Call 630-554-5602. (As staff is on limited hours, leave your name, number if no answer.)

WE ARE IN NEED OF ADDITIONAL VOLUNTEER BUS DRIVERS FOR OUR TRIPS! Please call Billie at 630-554-5602 if interested!

SUDOKU PUZZLE Solution on page 12

2			5		3			
	6							7
5				9				2
1	3	2	8	5				
6	5	9						
	9		1					
	7		9	3				1
9				6				
			1	2		7	8	

DETERRA (Drug Deactivation System) Bags used to dispose unwanted prescription medications are available at OSC. Each bag will assist in destroying 45 pills or 6 oz. of liquid. Stop by!

Annual Medicare Forum

10 –11:30am, Tuesday, October 27th

Oswego Fire Department Community Room

3511 Woolley Rd, Oswego
In-Person and Virtual through Zoom



Medicare Overview
Supplement and Advantage Plans
Updates in Medicare for 2022
Medicare/ Post-Hospital Care and Immunizations
Veteran's Benefits and Medicare



Hosted by Oswego Senior Center and
Senior Services Associates



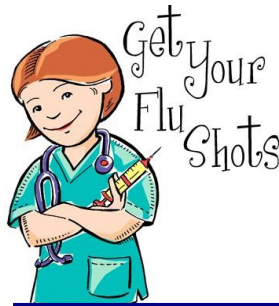
A must attend for anyone new to Medicare and current beneficiaries for review. Advance Registration required. Call Oswego Senior Center 630-554-5602 or Senior Services 630-553-5777 today!

Special Thanks to our Sponsor!



FLU & SHINGLE SHOTS

**SPONSORED BY WALGREENS
IN-PERSON AT CHURCH
OF THE BRETHREN
155 BOULDER HILL PASS
Thurs, Sept. 16, 10:00am-Noon
Thurs, Sept. 30, 10:00am-Noon
Wed, Oct. 6, Noon-2:00pm**



Shingle Shots also available!

For the safety of our seniors, to accommodate social distancing and short wait times, we are requiring appointments for Flu and Shingle vaccines. Limited on-site capacity, please arrive just before your appointment time. Please bring to your appointment your Medicare and/or insurance cards for co-pays. We ask you wear a mask to your appointment.

Call 630-554-5602 to reserve your time.

SHIP/SENIOR HEALTH INSURANCE PROGRAM

Asbury Gardens Program Funder

Free Medicare counseling to help you identify plans and deal with issues regarding Medicare. Our volunteer SHIP Counselor Penny is available to help you on Tuesdays by appointment only. Call 630-554-5602 to schedule an appointment.



Senior Services Associates

For case management services or home meal delivery contact Senior Services Associates in Yorkville at **630-553-5777** for information or an appointment.

Kendall Co. Veterans Assistance Commission

Veterans Assistance Commission representatives are available to assist you. Call **630-553-8355**.

Prairie State Legal Services

Call **630-690-2130** or **888-965-7757** for the older adult line to see if you are eligible for **No Charge** legal services for seniors with low income or limited assets.



**Awareness Seminar
10-11:30am, Tues, Nov. 9
at Beecher Center
908 Game Farm Rd, Yorkville
and Virtual through Zoom**

**Hosted by
Senior Services Associates
Oswego Senior Center
Kendall County TRIAD**



Our Expert Panel:

- AgeGuide for Medicare Fraud Protection**
- Police Officers with Current Scams**
- Fire Department Officials with Safety Tips**

Come learn ways from a panel of experts how to keep yourself, your loved ones and your property safe from scams and fraud.

Advance Registration required. Call today!
Senior Services Associates, 630-553-5777
Oswego Senior Center, 630-554-5602
In-person limited to first 50 registrants.

In-person attendees will receive a free box lunch provided by our Sponsors: Heritage Woods of Yorkville, Heritage Woods of Plainfield and Bardwell Residences.



EXTENDED TRAVEL TRIPS....

GREAT TRAINS & GRAND CANYONS

MARCH 6 - MARCH 11, 2022

\$2,650 PER PERSON DOUBLE OCCUPANCY W/EARLY PAY DISCOUNT (EARLY PAY DUE DATE - 9/6/21)

\$3,425 SINGLE OCCUPANCY W/EARLY PAY DISCOUNT

6 days/5 nights, includes round trip airfare, 5 nights hotel, 8 meals, Sightseeing & Admissions per itinerary.

Your 5 night stay is at a picturesque property in Sedona, AZ. Trip includes Sedona trolley tour, visit to: the Grand Canyon with a Railway journey,



Montezuma Castle and Jerome-Verde Canyon Railroad 4-hour sight-seeing ride and more! Book now and your deposit is Risk Free with No Change



Fees until final **Pay-Due Date of Dec. 19, 2021.** Full payment before final Pay Due Date will qualify for \$200 pp discount. Call 630-554-5602 with questions or stop by OSC for a brochure with all trip details and reservation form.

brochure with all trip details and reservation form.

LANDSCAPES & LIGHTHOUSES OF COASTAL MAINE

JULY 23 - JULY 29, 2022



\$3,049 PER PERSON DOUBLE OCCUPANCY W/EARLY PAY DISCOUNT \$4,099 SINGLE OCCUPANCY W/EARLY PAY DISCOUNT (EARLY PAY DUE DATE 1/23/22)

7 days/6 nights, includes round trip airfare, 1 night in Boston, 5 nights in Kennebunkport, Maine, 9 meals, Admissions per itinerary and comprehensive sight-seeing. Your trip will include a first night stay in Boston with a City Tour. Then travel up Coastal Maine for 5 nights in an area resort. Trip includes a scenic



Casco Bay Cruise, leisure time in Old Port Historic District, exploration of seaside towns, beaches and mansions, a Lobster Boat ride, Lobster Clambake and more! Book now and your deposit is Risk Free with No Change Fees until final **Payment Due Date of May 22, 2022.** Full payment before final Payment Due Date will qualify for the \$200 per person discount. Call 630-554-5602 with questions or stop by OSC for a brochure with all trip details and reservation form.

Oswego Senior Center gives a Big Thank You to Bardwell Residences

for Sponsoring August Parking Lot Bingo! We appreciate the prizes & snack goodies!



Thank you to Gail Gauger of Three Oaks Hospice for Dime Jingle Cookie Goodies!

Answer to Sudoku Puzzle from Page 9

2	9	1	6	5	7	8	3	4
4	3	6	8	1	2	9	5	7
5	7	8	3	4	9	6	1	2
1	4	3	2	7	8	5	9	6
6	2	5	9	3	4	1	7	8
7	8	9	5	6	1	4	2	3
8	5	7	4	9	3	2	6	1
9	1	2	7	8	6	3	4	5
3	6	4	1	2	5	7	8	9

Welcome home!



cedarhurst ASSISTED LIVING and MEMORY CARE

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STEP UP TO THE CHALLENGE CAMPAIGN

COVID19 has halted many of our funding resources including our popular fund raising events. As our budgetary shortfall continues, we now more than ever can use the support of our participants and the community. **Please consider a donation today!** Visit www.oswegoseniorcenter.org, click Donate Button. Or mail a donation check to Oswego Senior Center, PO Box 521, Oswego, IL 60543. Thank you for your support!

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Metrou & Nemiroff, P.C. *Meghan N. Nemiroff*
Attorney

Attorneys and Counselors at Law

123 W. Washington Street
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Oswego, IL 60543
E-mail: admin@metandnem.com

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www.Gatheringofwoodcarvers.com
630-730-3490

This Event is presented by our own OSC Wood Carvers volunteer Mike Noland! OSC extends Wishes for a great show, Mike!

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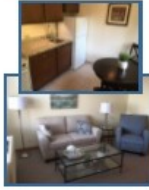
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<p>Location codes: On-Site - Church of the Brethren 155 Boulder Hill Pass Montgomery Bank - Allied First Bank 3201 Orchard Rd Library - 32 W. Jefferson St, Oswego Edward Jones - 83 Templeton Dr.</p>	<p>Legion - Oswego American Legion 19 W Washington St Diamond Apt - Senior Apartments 3350 White Oak Rd</p>	<p>Wednesday, Sept. 1 10 ZOOM Heart/Bones 10:30 On-Site Hearing Screen 11 In-person & Zoom History at Library 11 Zoom Yoga Canceled</p>	<p>Thursday, Sept. 2 9 ZOOM Chair Exercise 9 Walking Club 9:30 On-Site Bridge 10 ZOOM Heart/ Bones 11 ZOOM Tech Lab</p>	<p>Friday, Sept. 3 9-12 Karvers Canceled 10-11 Line Dancing at Bank 10 Senior Singers "Concert in the Park" Austin Park, off Rt. 25 in Montgomery 11 ZOOM Tai Chi 11:30 Yoga at Bank</p>
<p>Monday, Sept. 6 OSC Closed in Observance of Labor Day Holiday</p>	<p>Tuesday, Sept. 7 9 ZOOM Chair Exercise 9 Walking Club 10 ZOOM Heart/Bones 10-12 SHIP by appt. 11 Zoom Tai Chi 1-3 On-Site PC Lab</p>	<p>Wednesday, Sept. 8 10 ZOOM Heart/Bones 11 Zoom History 11 Zoom Yoga 12 Lunch at Legion & Traveling Jewelry Sale</p>	<p>Thursday, Sept. 9 9 ZOOM Chair Exercise 9 Walking Club 9:30 On-Site Bridge 10 ZOOM Heart/ Bones 11 ZOOM Tech Lab</p>	<p>Friday, Sept. 10 9-12 Karvers Canceled 10-11 Line Dancing at Allied First Bank 10 Senior Singers at Diamond Apt. 11 ZOOM Tai Chi 11:30 Yoga at Bank</p>
<p>Monday, Sept. 13 9 ZOOM Chair Exercise 10 ZOOM Yoga 10 On-Site Dime Jingle</p>	<p>Tuesday, Sept. 14 9 ZOOM Chair Exercise 9 Walking Club 10 Financial Ed at Edward Jones 10 ZOOM Heart/Bones 10-12 SHIP by appt. 11 Zoom Tai Chi 11 On-Site Coins 1-3 On-Site PC Lab</p>	<p>Wednesday, Sept. 15 10 ZOOM Heart/Bones 11 In-person & Zoom History at Library 11 Zoom Yoga 12 Lunch at 113 Main Restaurant</p>	<p>Thursday, Sept. 16 9 ZOOM Chair Exercise 9 Walking Club 9:30 On-Site Bridge 10-12 On-Site Flu Shots 10 ZOOM Heart/ Bones Canceled 11 ZOOM Tech Lab</p>	<p>Friday, Sept. 17 9-12 On-Site Karvers 10-11 Line Dancing at Bank 10 Senior Singers at Diamond Apt. 11 ZOOM Tai Chi 11 On-Site Caregiver Support Group 11:30 Yoga at Bank</p>
<p>Monday, Sept. 20 9 ZOOM Chair Exercise 10 ZOOM Yoga</p>	<p>Tuesday, Sept. 21 9 ZOOM Chair Exercise 9 Walking Club 10 ZOOM Heart/Bones 10:30 On-Site Park Lot Bingo (Raindate 9/28) 11 Zoom Tai Chi 1-3 On-Site PC Lab 2 On-Site Baseball w/ Senior Services</p>	<p>Wednesday, Sept. 22 10 ZOOM Heart/Bones 11 Zoom History 11 Zoom Yoga 11 On-Site "Fall Prevention" Workshop</p>	<p>Thursday, Sept. 23 9 Day Trip to Ottawa 9 ZOOM Chair Exercise 9 Walking Club 9:30 On-Site Bridge 10 ZOOM Heart/ Bones 11 ZOOM Tech Lab</p>	<p>Friday, Sept. 24 9-12 On-Site Karvers 10-11 Line Dancing at Allied First Bank 10 Senior Singers at Diamond Apt. 11 ZOOM Tai Chi 11:30 Yoga at Bank</p>
<p>Monday, Sept. 27 9 ZOOM Chair Exercise 10 ZOOM Yoga 11 Veterans Education/ Lunch at Legion</p>	<p>Tuesday, Sept. 28 9 ZOOM Chair Exercise 9 Walking Club 10 ZOOM Heart/Bones 10-12 SHIP by appt. 11 Zoom Tai Chi 1-3 On-Site PC Lab</p>	<p>Wednesday, Sept. 29 10 ZOOM Heart/Bones 11 Zoom History 11 Zoom Yoga</p>	<p>Thursday, Sept. 30 9 ZOOM Chair Exercise 9 Walking Club 9:30 On-Site Bridge 10-12 On-Site Flu Shots 10 Heart/ Bones Cancel 11 ZOOM Tech Lab</p>	<p>Friday, October 1 9-12 Karvers Canceled 10-11 Line Dancing at Bank 10 Senior Singers at Diamond Apt. 11 ZOOM Tai Chi 11:30 Yoga at Bank</p>

Autumn Arrives

G X B Q A W S N S K Q W H N R F O T L O
 E I Q P H U G F R K S X Y L M G M A C B
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 M H L Q E U V M T A F J B V H C L K B E

APPLE
 BEER
 BONFIRE
 CHICAGO
 COLLEGE
 FOOTBALL
 HOLIDAY
 MOON
 RAKE
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 BLANKET
 BRATWURST
 CLOUDY
 COOKIES
 GEESE
 LABOR
 PIE
 SCHOOL
 STADIUM

BEARS
 BLUEBERRY
 BRISK
 COFFEE
 COOLER
 HALFTIME
 LEAVES
 PIZZA
 SOUP
 SUNSET

Mission Statement:

To promote the general wellbeing of the Oswegoland Senior Community by honoring and serving our Seniors while providing an environment that improves quality of life and extends independent living.

