



IIIB Counseling Service Description

IIIB Counseling

Program Description

AgeGuide Northeastern Illinois is committed to collaborating with the Illinois Department on Aging (IDOA) and other community-based providers within our region to address the needs of older adults in our eight-county region. Utilizing American Rescue Plan (ARP) funding, AgeGuide seeks to enhance and expand services to increase access and address the increased social isolation older adults are experiencing due to the COVID-19 pandemic. Projects funded with the ARP grant will begin on June 1, 2022 and end on December 31, 2023.

Counseling services for individuals 60 and older in the counties of Kankakee, Kendall, McHenry, and Will.

To continue the goal of fostering a counseling service system in Illinois, agencies will be funded to provide personal counsel to strengthen individuals and families by providing interventions that help individuals learn new skills and lead healthy and productive lives.

Service Activities

- A. Direct interaction between a trained counselor and an individual, family or group providing purposeful therapeutic assistance in coping with personal problems and improving social functioning.
- B. The therapeutic nature of the relationship between client(s) and counselor is to be particularly stressed and should be adapted to meet the individual needs of the client(s). Work may be short or long term, including brief crisis assistance.
- C. Case finding is encouraged as it relates to locating and attracting to the program those in need of the program's particular type of therapeutic assistance.
- D. Community education is acceptable especially as it relates to programs dealing with making the elderly population more aware of counseling services and the population's mental health needs. Prevention programs are especially desirable.
- E. Services may include, but are not limited to:
 - a) dealing with anxiety or depression
 - b) guardianship issues
 - c) coping/corrective issues centered around elder abuse
 - d) issues of life/role transitions
 - e) interpersonal relationships
 - f) emotional or mental problems stemming from improper medication use.



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FY22 Service Projections

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If a current grantee is awarded the grant they are required to serve, at minimum, the number of persons and units as projected by AgeGuide for FY22 below:

| <u>County Projection</u> | <u>Persons</u> | <u>Units</u> |
|--------------------------|----------------|--------------|
| Kankakee | 35 | 350 |
| Kendall | 35 | 350 |
| McHenry | 35 | 350 |
| Will | 50 | 500 |