

Shared Housing Fact Sheet

What is shared housing?

For a growing number of people faced with losing their ability to live independently in their community but not in need of skilled nursing or assisted living care, shared housing is an affordable and viable alternative. In a shared housing program several individuals share a home in a residential community. Each resident has his or her own private bedroom and they share the common areas of the house.

Benefits of Home Sharing

Seniors who live together — whether at home or in a retirement community — live a healthier lifestyle because they usually eat better, get more exercise, and are more social than seniors who live alone. As with “The Golden Girls,” companionship, friendship and a support system are arguably the biggest benefits of home sharing and are part of the reason the phenomenon is trending. But the benefits of companionship, friendship and support are also available to older adults in senior living communities.

Older adults who participate in shared housing can enjoy the safety of living with someone else, including not having to worry about forgetting medications (someone is there to remind you), or falling and not being found.

How many people live in a house?

Each home has seven to eight private bedrooms.

Who lives at Senior Home Sharing?

- Someone who is 60 and older
- Someone who can independently perform activities of daily living (bathing, grooming, dressing)
- Someone who wants to be free of housekeeping, maintenance, and yard work
- Someone who likes to be involved in the community and possibly maintain part-time volunteer or paid work
- Someone who wants to be socially active and engage in group outings and meetings
- Someone who believes in a balance between privacy and shared living spaces
- It’s important that our future residents are able to show empathy, patience and support to one another. One of the many benefits of shared living is that there is always someone close by and willing to help when needed. Naturally, a support group is formed because all of our residents are 60 and older and are able to relate to their changing lifestyles.

What are the age requirements? Do you have any health restrictions?

Prospective residents must be 60 years of age or older. Senior Home Sharing is a social model of supportive shared housing. Medical care is not provided but medications reminders are given to residents.

Is there a waiting list?

List of vacant rooms and waiting list changes regularly. Please call 630-407-0440 Ext. 11 for more information.