

**At AgeGuide, it is our mission to be a vital resource and advocate for people as we age by providing thoughtful guidance, supportive services, and meaningful connections.**

AgeGuide, one of 13 Area Agencies on Aging in Illinois, works with local partners to implement the Older Americans Act and coordinate a wide variety of services to support people 60 and over, their caregivers and relatives raising children. These services enhance the quality of life for all people on their aging journey.

For additional information about services available, visit [www.ageguide.org](http://www.ageguide.org) or call (800) 528-2000



## DuPage County Partner Agencies

### DuPage County Department of Community Services

(630) 407-6500      [www.dupageco.org/seniorsvcs](http://www.dupageco.org/seniorsvcs)

- **Information & Assistance** - Assistance with navigating and accessing a variety of resources, services and benefit programs
- **Options Counseling** - Empowers individuals to make informed decisions about long term services and supports by providing objective information, advice, and counseling. Available to adults of all ages, as well as concerned others, making long term support decisions regardless of income or financial assets.
- **Flexible Community Services** – Assistance paying for medications, unforeseen bills, supplies and items not covered by insurance
- **Senior Health Insurance Program (SHIP)** - Free, objective, confidential information and assistance about Medicare and related benefits
- **Transportation** - Linkage to transportation options in the community
- **Caregiver Resource Center** – Information, resources and support for those giving unpaid care to adults age 60+ and those with Alzheimer’s disease or a related disorder, and for relatives age 55+ raising children under 18 or giving unpaid care to adults with disabilities. Includes: **Respite Services and Supplemental Funds** to help pay for short-term services, adaptive devices and supplies not covered by insurance.
- **Long-Term Care Ombudsman Program** – Protects and improves quality of life for residents of long-term care facilities
- **Adult Protective Services** – Aids in the investigation and intervention for reports of abuse, neglect, financial exploitation and self-neglect of persons age 60+ and adults with disabilities aged 18-59 who live in the community

### DuPage Senior Citizens Council

(630) 620-0804 [www.dupageseniorcouncil.org](http://www.dupageseniorcouncil.org)

- **Community Dining** - Community settings where older adults can enjoy a healthy meal, socialize with others and have access to other supportive services
- **Home Delivered Meals** - Healthy meals and well-being checks to homebound older adults
- **Telephone Reassurance** – Phone calls that provide a friendly chat, a security check and informal assistance

### Metropolitan Family Services

(630) 784-4800 [www.metrofamily.org](http://www.metrofamily.org)

- **Healthy IDEAS** – Provides screening and referral to ensure older adults get the help they need to manage symptoms of depression and live full lives
- **Counseling** - Individual and group counseling for older adults to support behavioral health and well-being
- **Caregiver Counseling Center** – Resources to improve and protect the well-being of those giving unpaid care to adults age 60+ and those with Alzheimer’s disease or a related disorder, and for relatives age 55+ raising children under 18 or giving unpaid care to adults with disabilities. Includes: **Support Groups and Counseling and Training Programs for Caregivers** - classes to teach family and non-parent relative caregivers how to meet their loved ones needs

### White Crane Wellness Center

(773) 271-9001 [www.whitecranewellness.org](http://www.whitecranewellness.org)

- **Community Connection Collaborative** – Offers educational opportunities and discussions on many topics, and may include health screenings and evaluations, recreational activities. Includes: **Health Promotion & Disease Prevention Education and Services** – Workshops that assist participants with managing one’s health and preventing and managing chronic illness. Contact the provider for information on current workshops available.

### Prairie State Legal Services

(630) 690-2130 \* (888) 965-7757 (*Older Adult Help Line*) [www.pslegal.org](http://www.pslegal.org)

- **Legal services** – No charge for older adults on those issues impacting health, adequate housing (including Long Term Care), safety and access to government benefits and other legal needs to meet their basic necessities