

Title III E Caregiver Counseling Center-Grundy County

Program Description

The Caregiver Counseling Center (CCC) is a clearly identifiable center that provides a range of counseling services to informal/unpaid caregivers and non-parent relative caregivers (Older Relatives Raising Children/Kinship Families). AgeGuide will designate the CCC to be the primary resource within a given county for caregivers and to access counseling services.

The CCC will, at minimum, provide Individual Counseling and Caregiver Training/Education services. The CCC may also choose to organize/provide Support Groups.

In addition to Title III E CCC services, the designated CCC will receive Alzheimer's Disease and Related Dementias (ADRD) funding to conduct the Stressbusting Program for Family Caregivers.

Title III E Caregiver Services

Definition of Eligible Populations

In this document the term "caregiver" applies to both informal/unpaid caregivers and non-parent relatives raising children (Older Relatives Raising Children/Kinship Families).

- Adult family members or other informal caregivers age 18 and older providing care to individuals 60 years of age and older
- Adult family members or other informal caregivers age 18 and older providing care to individuals of any age with Alzheimer's disease and related disorders
- Older relatives (not parents) age 55 and older providing care to children under the age of 18; and
- Older relatives, including parents, age 55 and older providing care to adults ages 18-59 with disabilities

Title III E Caregiver Counseling Center-Grundy County

Alzheimer's Disease and Related Dementias (ADRD)

Definition of Eligible Populations

- Informal/unpaid caregivers of persons with Alzheimer's Disease or related dementias (diagnosed or undiagnosed), including but not limited to Alzheimer's Disease, Vascular Dementia, Dementia with Lewy Bodies, Frontotemporal Dementia, Parkinson's Dementia, Normal Pressure Hydrocephalus, and Creutzfeldt-Jakob Disease.

Service Design

To continue the goal of fostering a family caregiver and relative raising children service system in Illinois, agencies will be funded to provide the following CCC core services:

1. **Individual Counseling** – Advice, guidance, and coaching to an individual caregiver that assists the caregiver with role identity, permission to seek help, decision making, problem solving, and improvement of personal mental health
2. **Training/Education** – Providing caregivers with methods to take care of themselves.
3. **Support Groups (Optional)** – Providing an environment for caregiver clients to share personal stories and experiences.

Applicants should review the complete Service Standards on AgeGuide's website for comprehensive details on each service defined above. Additionally, applicants should review the General Service Requirements as these are also required for all grantees. Each service standard has a coordinating video to assist with applicant learning. Service standards can be reviewed at this link: <https://ageguide.org/service-standards/>.



Title III E Caregiver Counseling Center-Grundy County

Performance Expectations

AgeGuide establishes yearly minimum performance expectations based on funding, past performance, population size and other factors influencing service delivery. Below are the established FY24 performance goals for the current provider. However, Ageguide understands that a new provider would need to develop capacity over time to meet these expectations.

Individual Counseling

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Grundy	25	141

Training/Education

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Grundy	32	36

Support Groups(optional)

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Grundy	32	100



Title III E Caregiver Counseling Center-Grundy County

Reporting Requirements

Grantees are expected to complete fiscal and program reporting on a quarterly basis including persons and units served and a detailed caregiver services report. Grantees are expected to utilize the AgingIS software to track client demographics and activity for each services as well as utilize the TCare software to assess caregiver needs. AgeGuide staff will provide resources and training on utilizing AgingIS and TCare. Reporting requirements may change based on IDOA requirements.