

Title III-E Caregiver Service Programs-Lake County

Program Description

The Caregiver Resource Center (CRC) is a clearly identifiable center that provides a range of caregiver services to informal/unpaid caregivers and non-parent relative caregivers (Older Relatives Raising Children/Kinship Families). AgeGuide will designate the CRC to be the primary resource within a given county for caregivers to access Caregiver Resource Center services. The CRC will, at minimum, provide access to services by providing Access Assistance, Respite and Gap-Filling services.

In addition to Title III-E CRC Services, the designated CRC will receive Alzheimer's Disease and Related Dementias (ADRD) funding to Supportive Gap Filling Services.

The Caregiver Counseling Center (CCC) is a clearly identifiable center that provides a range of counseling services to informal/unpaid caregivers and non-parent relative caregivers (Older Relatives Raising Children/Kinship Families). AgeGuide will designate the CCC to be the primary resource within a given county for caregivers and to access counseling services. The CCC will, at minimum, provide Individual Counseling and Caregiver Training/Education services. The CCC may also choose to organize/provide Support Groups.

In addition to Title III-E CCC services, the designated CCC will receive Alzheimer's Disease and Related Dementias (ADRD) funding to conduct the Stressbusting Program for Family Caregivers.

Title III-E Caregiver Services

Definition of Eligible Populations

In this document the term "caregiver" applies to both informal/unpaid caregivers and non-parent relatives raising children (Older Relatives Raising Children/Kinship Families).

- Adult family members or other informal caregivers age 18 and older providing care to individuals 60 years of age and older
- Adult family members or other informal caregivers age 18 and older providing care to individuals of any age with Alzheimer's disease and related disorders

Title III-E Caregiver Service Programs-Lake County

- Older relatives (not parents) age 55 and older providing care to children under the age of 18; and
- Older relatives, including parents, age 55 and older providing care to adults ages 18-59 with disabilities

Alzheimer's Disease and Related Dementias (ADRD)

Definition of Eligible Populations

- Persons with Alzheimer's Disease or related dementias (diagnosed or undiagnosed), including but not limited to Alzheimer's Disease, Vascular Dementia, Dementia with Lewy Bodies, Frontotemporal Dementia, Parkinson's Dementia, Normal Pressure Hydrocephalus, and Creutzfeldt-Jakob Disease, of any age, regardless of whether a caregiver is present.
- Informal/unpaid caregiver of persons cited above.

CRC Service Funding Allocation Requirements

The Access Assistance allocation provides information and assistance and Tailored Care (TCARE) caregiver assessments that are needed to determine a care plan and how much Respite and Gap-Filling service the caregiver might need. Every dollar spent on Access Assistance is a dollar not able to be used for Respite or Gap-Filling services. Therefore, salaries and other expenses by the CRC are to come from the Access Assistance allocation. The CRC agency shall use **a maximum of 35%** of their total CRC Service Share for Access Assistance.

ADRD Supportive Gap

ADRD Supportive Gap is a financial assistance fund. Grantees may utilize 10% of expenses charged to this grant for administrative costs.

Title III-E Caregiver Service Programs-Lake County

Service Design

To continue the goal of fostering a family caregiver and relative raising children service system in Illinois, agencies will be funded to provide the following services:

CRC Services:

1. **Access Assistance (which includes TCare)** – Assistance with navigating and accessing a variety of resources, services, and benefit programs.
2. **Respite** – Services that provide an alternative to caregivers so that they can take a break from caring for their loved one.
3. **Gap-Filling** – Services that offer options to obtain support in unforeseen circumstances that ultimately cover a variety of different items to assist caregivers.
4. **ADRD Supportive Gap** – Services that offer options to obtain support in unforeseen circumstances that ultimately cover a variety of different items to assist caregivers who care for those with dementia as well as persons with dementia.

CCC Services:

1. **Individual Counseling** – Advice, guidance, and coaching to an individual caregiver that assists the caregiver's with role identity, permission to seek help, decision making, problem solving, and improvement of personal mental health
2. **Training/Education** – Providing caregivers with methods to take of themselves.
3. **Support Groups (Optional)** – Providing an environment for caregiver clients to share personal stories and experiences.
4. **ADRD Stressbusting for Family Caregivers**– 9-week evidence-based program for caregivers that guides them through the caregiving journey and teaches them critical coping strategies to prevent stress and burnout. AgeGuide will arrange Stressbusting training for grantee staff.

Title III-E Caregiver Service Programs-Lake County

Applicants should review the complete Service Standards on AgeGuide’s website for comprehensive details on each service defined above. Additionally, applicants should review the General Service Requirements as these are also required for all grantees. Each service standard has a coordinating video to assist with applicant learning. Service standards can be reviewed at this link: <https://ageguide.org/service-standards/>.

Performance Expectations

AgeGuide establishes yearly minimum performance expectations based on funding, past performance, population size and other factors influencing service delivery. Below are the established FY24 performance goals for the current provider. However, Ageguide understands that’s a new provider would need to develop capacity over time to meet these expectations.

CRC Services

Title III E Access Assistance:

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Lake	840	2520

Title III E Respite:

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Lake	221	9100

Title III E Gap-Filling:

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Lake	101	101

ADRD Supportive Gap Filling:

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Lake	28	28

Title III-E Caregiver Service Programs-Lake County

CCC Services:

Individual Counseling:

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Lake	60	350

Training/Education:

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Lake	53	360

Support Groups (optional):

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Lake	60	432

ADRD Stressbusting:

<u>County Projection</u>	<u>Persons</u>	<u>Units</u>
Lake	8	72

Reporting Requirements

Grantees are expected to complete fiscal and program reporting on a quarterly basis including persons and units served and a detailed caregiver services report. Grantees are expected to utilize the AgingIS software to track client demographics and activity for each service as well as utilize the TCare software to assess caregiver needs. AgeGuide staff will provide resources and training on utilizing AgingIS and TCare. Reporting requirements may change based on IDOA requirements.