

## Funded Partner Onboarding Training

Module 2

Older Americans Act Programs

## Learning Objectives



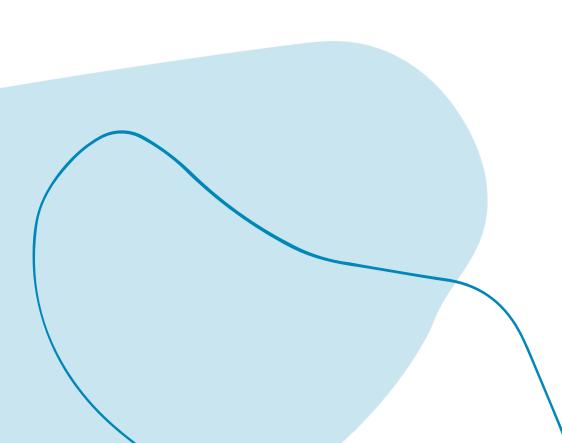
#### Module 2 - Understand programs and services offered in PSA 02 under the Older Americans Act

**Module 3** - Understand how to access additional services for older adults, caregivers, older relatives raising children and veterans that are not part of the Older Americans Act

**Module 4** - Understand grants management activities and processes essential to delivering Older Americans Act services

**Module 5** - Understand fiscal procedures and processes required for Older Americans Act service delivery

**Module 6** - Identify and utilize other training resources available for Older Americans Act and other aging network services



## Eligibility for Services



60 years and older

No income or asset guidelines



**Caregiver** 

Caring for older adult, relative child, adult child with a disability, person with Alzheimer's or dementia



### Living in the Community

Ombudsman and Legal Services can serve people in long-term care

## Target Populations

- Over 75
- Living Alone
- Living in Poverty
- Minority/Limited English Speaking
- Disability/Risk of NH Placement
- Social/Cultural Isolation



### Older Americans Act Funded Services

## Home & Community Based Services



# Title III-B/VII Elder Rights Services

#### **Adult Protective Services (APS)**

Supports Adult Protective Services Program with training, multidisciplinary and fatality review teams

#### **Long-Term Care (LTC) Ombudsman**

Resident directed advocacy program that works with residents of long-term care to resolve problems

#### **Legal Services**

Provides support with civil legal issues related to housing, Medicaid, elder abuse, and guardianship

# Title III-B Supportive Services



#### **Information and Assistance (I&A)**

Information connecting to OAA programs, Benefits Access and other resources

#### **Outreach**

One on one contacts informing of services

#### **Options Counseling**

Exploring long term services and supports

#### **Flexible Community Services (FCS)**

Financial assistance for a variety of items such as food, rent, mortgage, home renovation, etc. to promote health and wellbeing of older adults and people with disabilities.

#### **Transportation**

Transportation services to medical appts, groceries, and other social activities

# Title III-B Supportive Services



#### Friendly Visiting/Telephone Reassurance

In person or telephone connection with volunteers to decrease social isolation

#### **Education**

Educational or evidenced-based programs on topics that affect older adults

#### Recreation

Recreational programs such as crafts, painting etc. that reduce social isolation

#### **Health Screening**

Health screenings and vaccinations that promote healthy aging

#### Counseling

One on one or group support for older adults to improve mental health

# Title III-C Nutrition Services

#### **Congregate Meals (C-1)**

Meals served weekdays at senior centers, housing buildings, and community buildings

#### **Restaurant Dining Program (C-1)**

A type of congregate meal providing a voucher for meals at a local partner restaurant during designated hours

#### **Home Delivered Meals (C-2 or HDM)**

Meals delivered to homebound individuals age 60+ and their spouses





# Title III-D Health & Wellness

#### **Health Promotion Programs**

Evidence based programs such as:

Matter of Balance

Fit & Strong

**Diabetes Prevention** 

Bingocize

Tai Ji Quan & Tai Chi for Arthritis

Healthy IDEAS & Health Matters

# Title III-E Family Caregiver Support Program



#### Who is a caregiver?

Family or other informal caregivers age 18 or older providing unpaid care to people 60 and older or person of any age with Alzheimer's Disease or other dementia

Older relatives age 55 and older, not parents, who provide unpaid care for children under 18

Older relatives, including parents, who are age 55 and older providing unpaid care to people with disabilities

# Title III-E Family Caregiver Support Program



#### **Assistance**

Connects informal caregivers to referrals and resources; provide case management through a personalized assessment and plan (TCare)

#### Respite

Short term care provided to the care recipient to give the caregiver relief of caregiving responsibilities

#### **Supportive Gap Funds**

Financial assistance for such items as specialized meals, transportation, home renovation, assistive devices etc.

#### **Counseling & Support Groups**

One on one and or group support to maintain caregiver mental health

#### **Training & Education**

Education for caregivers on a variety of topics such as stress management, dementia, self care etc.

# Alzheimer's Disease and Related Dementia (ADRD)

#### **Supportive Gap**

Financial assistance for such items as specialized meals, transportation, home renovation, assistive devices etc.

#### **Stressbusters for Family Caregivers**

9 week evidenced based course for stress management and self care

#### **Music Based Programs**

Music and Memory and Memory Café Sing Alongs for people with dementia and their care partners.

### Next Up Module 3: Other Aging Network Services