



Funded Partner Onboarding Training

Module 2

Older Americans Act Programs

Learning Objectives



Module 1 - Understanding how the Aging Network delivers programs and services for older adults, caregivers, older relatives raising children and veterans

Module 2 - Understand programs and services offered in PSA 02 under the Older Americans Act

Module 3 - Understand how to access additional services for older adults, caregivers, older relatives raising children and veterans that are not part of the Older Americans Act

Module 4 - Understand grants management activities and processes essential to delivering Older Americans Act services

Module 5 - Understand fiscal procedures and processes required for Older Americans Act service delivery

Module 6 - Identify and utilize other training resources available for Older Americans Act and other aging network services

Eligibility for Services



60 years and older

No income or asset
guidelines



Caregiver

Caring for older adult,
relative child, adult child
with a disability, person
with Alzheimer's or
dementia



Living in the Community

Ombudsman and Legal
Services can serve people
in long-term care

Target Populations

- Over 75
- Living Alone
- Living in Poverty
- Minority/Limited English Speaking
- Disability/Risk of NH Placement
- Social/Cultural Isolation



Older Americans Act Funded Services

Home & Community Based Services

Elder
Rights



Supportive
Services



Health &
Wellness



Nutrition



Caregiver



Title III-B/VII

Elder Rights Services

Adult Protective Services (APS)

Supports Adult Protective Services Program with training, multidisciplinary and fatality review teams

Long-Term Care (LTC) Ombudsman

Resident directed advocacy program that works with residents of long-term care to resolve problems

Legal Services

Provides support with civil legal issues related to housing, Medicaid, elder abuse, and guardianship

Title III-B Supportive Services



Information and Assistance (I&A)

Information connecting to OAA programs, Benefits Access and other resources

Outreach

One on one contacts informing of services

Options Counseling

Exploring long term services and supports

Flexible Community Services (FCS)

Financial assistance for a variety of items such as food, rent, mortgage, home renovation, etc. to promote health and wellbeing of older adults and people with disabilities.

Transportation

Transportation services to medical appts, groceries, and other social activities

Title III-B Supportive Services



Friendly Visiting/Telephone Reassurance

In person or telephone connection with volunteers to decrease social isolation

Education

Educational or evidenced-based programs on topics that affect older adults

Recreation

Recreational programs such as crafts, painting etc. that reduce social isolation

Health Screening

Health screenings and vaccinations that promote healthy aging

Counseling

One on one or group support for older adults to improve mental health

Title III-C Nutrition Services

Congregate Meals (C-1)

Meals served weekdays at senior centers, housing buildings, and community buildings

Restaurant Dining Program (C-1)

A type of congregate meal providing a voucher for meals at a local partner restaurant during designated hours

Home Delivered Meals (C-2 or HDM)

Meals delivered to homebound individuals age 60+ and their spouses



Title III-D Health & Wellness

Health Promotion Programs

Evidence based programs such as:

Matter of Balance

Fit & Strong

Diabetes Prevention

Bingocize

Tai Ji Quan & Tai Chi for Arthritis

Healthy IDEAS & Health Matters



Title III-E Family Caregiver Support Program



Who is a caregiver?

Family or other informal caregivers age 18 or older providing unpaid care to people 60 and older or person of any age with Alzheimer's Disease or other dementia

Older relatives age 55 and older, not parents, who provide unpaid care for children under 18

Older relatives, including parents, who are age 55 and older providing unpaid care to people with disabilities

Title III-E Family Caregiver Support Program

Assistance

Connects informal caregivers to referrals and resources; provide case management through a personalized assessment and plan (TCare)

Respite

Short term care provided to the care recipient to give the caregiver relief of caregiving responsibilities

Supportive Gap Funds

Financial assistance for such items as specialized meals, transportation, home renovation, assistive devices etc.

Counseling & Support Groups

One on one and or group support to maintain caregiver mental health

Training & Education

Education for caregivers on a variety of topics such as stress management, dementia, self care etc.



Alzheimer's Disease and Related Dementia (ADRD)

Supportive Gap

Financial assistance for such items as specialized meals, transportation, home renovation, assistive devices etc.

Stressbusters for Family Caregivers

9 week evidenced based course for stress management and self care

Music Based Programs

Music and Memory and Memory Café Sing Alongs for people with dementia and their care partners.

Next Up
Module 3: Other Aging
Network Services