

FY2025 Title IIIB Community Connections Collaboratives

Overview

Community Connection Collaboratives (CCC) provides a framework of Title IIIB programs for older adults to build community, learn health and wellness skills, and explore other educational interests to enrich their lives. CCC services and programs are to be available and open to all residents in the county-wide service area.

During FY2025- F2027, the Illinois Department on Aging and Area Agencies on Aging will work in collaboration with other community-based providers within our region to address social isolation among older adults with the goal to reduce social isolation in our service area. Social Isolation is the objective absence of contacts and interactions between a person and a social network. Thus, socially isolated older adults have poor or limited contact with others, and they view this level of contact inadequate, and/or that the limited contact has had adverse personal consequences for them. Primary risk factors associated with isolation include; living alone, mobility or sensory impairment, major life transitions, socioeconomic status (low-income, limited resources) caregiver responsibilities, psychological or cognitive vulnerabilities, physical location (rural, unsafe or inaccessible neighborhood or community), small social network, limited English speaking, and membership in a vulnerable group.

AgeGuide Northeastern Illinois recognizes that Community Connection Collaboratives, by their very nature, are on the frontlines of providing access to important social connections and to assist older adults in developing new social supports. AgeGuide encourages applicants to address how they currently work to reduce social isolation and provide examples of new programming that will enhance and expand current efforts.

Opportunities through CCC should be expanded through building collaborative networks and not bound by the walls of a traditional senior center. Linking older adults to existing and expanded programs, and encouraging participation and volunteerism are essential functions of CCCs. Program design should create opportunities to both give and receive social and emotional support, strengthening a sense of community and should include a special focus on those individuals at risk of social isolation.

FY2025 Title IIIB Community Connections Collaboratives

Statement on Service Populations in Greatest Economic and Social Need

As outlined in the AgeGuide General Service Requirements and the FFY25 Request for Proposals document, providers must assign priority in the provision of services to older adults in the greatest economic and social need (“target populations”), at a rate at least in proportion to the incidence level of each group within the county.

Service Design:

The CCC grant provides funds for a service bundle comprised of Title IIIB Education, Health Screenings and Evaluations, and Recreation programs. All CCC service programs are designed to support each other, increase access to healthy aging learning and recreational opportunities, and are to be relevant to the needs, cultures and interests of the older adult population for the county-wide service area.

1. Education (2 parts)
 - a. Evidence-Based Programs. **At minimum, one evidence-based health promotion programs for grants under \$20,000, two for grants \$20,000+.** Through evidence-based health programs, older adults are empowered with best practices for managing their health and gain an increased sense of wellbeing. Visit the Agency on Aging website (www.ageguide.org) Service Standards for Health Promotion Programs for listing of allowable services.
 - b. Educational programs - Non-Evidence Based. Topics include but are not limited to; financial planning, benefits/insurance, literacy, technology, life mapping and other topics of interest. Classes may be a single session, multi-session or series.
2. Health Screenings and Evaluations
CCC providers are to offer health screenings and evaluations opportunities, preferably in support of evidence-based workshops or other relevant educational events. For example, if conducting a screening for diabetes, a risk lowering/managing, or cooking for diabetes related class or workshop should closely follow the health screening event.
3. Recreation activities to foster the health and social well-being of individuals.

FY2025 Title IIIB Community Connections Collaboratives

4. Encouragement and recruitment of volunteers to lead programs and recreational activities.

Title III-B Community Connections Collaboratives Services Requirements:

The CCC service provider will be required to perform the following activities:

1. Units/Persons
 - a. The provider will minimally serve the number of persons and units as determined by AgeGuide during the grant period. See page 4, FY25 Service Projections
2. Staffing: Dedicate at least 2 staff positions to coordinate and provide CCC service programs.
3. To be eligible for a CCC grant, organization(s) must demonstrate a working relationship with community organizations providing services for older adults age 60+.
4. Conduct at minimum one top tier evidence-based health promotion program per year for grants \$20,000 and below, two if funding exceeds \$20,001. CCC grant funding may not be used to fund a group dining experience.
5. Training:
 - a. Commit to maintaining facilitator levels and credentialing requirements during contract term.
 - b. Attend AgeGuide Quarterly meetings and trainings.
6. Allocating resources between each service area should follow the below guidelines.
 - a. Not less than 34% to education
 - b. Not exceed education percentage or more than 40% to recreation if education is at 50%
 - c. Not less than 10% to Health Screenings and Evaluations
7. Adhere to the Agency on Aging General Service Requirements and the program specific requirements as well as reporting requirements for these services. Visit the Agency on Aging website (www.ageguide.org) for all Service Standards, information and reporting requirements.

FY2025 Title IIIB Community Connections Collaboratives

FY25 Service Projections:

Projections subject to change based on available funding.

For new grantees, these projections are considered ideal. AgeGuide will work with new grantees to build capacity to meet performance expectations.

Persons: *The unduplicated number of individuals who participate in each of the CCC services of Education, Recreation and Health Screenings and Evaluations during each fiscal year.*

Units:

Education or Health Screenings and Evaluations: Each session attended by the participant.

Recreation: One hour of staff or consultant time expended on behalf of a participant.

County Projection	Persons	Units
DuPage		
Education	400	4000
Recreation	450	2300
Health Screenings	350	700
Grundy		
Education	36	360
Recreation	50	325
Health Screenings	40	80
Kane		
Education	260	2600
Recreation	300	1445
Health Screenings	200	400
Kankakee		
Education	125	1250
Recreation	90	540
Health Screenings	130	260
Kendall		
Education	40	400
Recreation	70	460
Health Screenings	50	100

FY2025 Title IIIB Community Connections Collaboratives

County Projections	Persons	Units
Lake		
Education	350	3500
Recreation	400	1700
Health Screenings	225	450
McHenry		
Education	200	2000
Recreation	140	800
Health Screenings	150	300
Will		
Education	300	3000
Recreation	300	1475
Health Screenings	200	400