



Homestyle Direct
Your Health. Your Meals. Your Choice.

2032 Highland Ave. E, Twin Falls, ID 83301



SCAN TO SEE MENU ONLINE

Fall/Winter Menu - November 1 to February 28

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Large Print Menu Available Upon Request

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November 1 - February 28

FALL/WINTER MENU 2024-2025



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Diabetes Friendly

55 g or less total carbohydrates. (Blood Sugar)



Heart Friendly

16 g or less total fat, 5 g or less saturated fat, and 750 mg or less sodium. (High Blood Pressure, High Cholesterol)



Renal Friendly

750 mg or less sodium, 700 mg or less potassium, and 230 mg or less phosphorus. (Kidney Disease)



Power Packed

Meals with a minimum of 600 calories and 25 g protein (including supplement). Designed to help with recovery, pre- or post-treatment and/or surgery.



Gluten Restricted

Wheat free. Prepared in a commercial kitchen with a risk of gluten exposure.

BREAKFAST

- 1. Breakfast Egg Scramble** Egg scramble with diced ham, potatoes, spinach and cheddar cheese. Sides: Diced sweet potatoes and pacific berry blend. **Contains: egg, milk, pork**
- 2. Homestyle Big Breakfast** Buttermilk pancakes with cheesy egg bites. Sides: Chicken sausage links and strawberries. **Contains: egg, milk, wheat**
- 3. Morning Berry Scone** Baked multi-berry scone with plain omelet. Sides: Chicken sausage links and strawberries. **Contains: egg, milk, wheat**



- 4. Southwest Omelet** Folded egg omelet topped with tomato chunks, cheese, roasted peppers and onions. Sides: Sweet potato hash with fiesta blend vegetables and diced mango. **Contains: eggs, milk, soy**
- 5. Biscuit and Sausage Gravy** Biscuit covered with Jimmy Dean sausage gravy. Sides: Cheesy egg bites and strawberries. **Contains: egg, milk, wheat**
- 6. Chicken and Waffle** Two chicken tenders with a Belgian waffle. Sides: Maple bite potatoes and strawberries. **Contains: egg, milk, soy, wheat**
- 7. Cinnamon French Toast Sticks with Berries** French toast sticks with pacific berry blend. Sides: Chicken sausage links, egg patty and diced potatoes. **Contains: egg, milk, soy, wheat**
- 8. Breakfast Calzone** Whole grain calzone filled with egg, cheese and gravy. Sides: Sweet potato hash with fiesta blend vegetables, and applesauce. **Contains: coconut, egg, milk, soy, wheat**

POULTRY

- 9. Chicken Alfredo** Half cut penne pasta with garlic alfredo sauce, diced chicken and Italian cheese blend. Sides: 5-way vegetables and chocolate marshmallow crispy. **Contains: coconut, milk, soy, wheat**
- 10. Popcorn Chicken Bowl** Breaded popcorn chicken with mashed potatoes and country gravy. Sides: 5-way vegetables and strawberries. **Contains: coconut, milk, soy, wheat**

Nutrient numbers do not include added supplement

Homestyle Direct may make meal substitutions without prior notice.



11. Garlic Parmesan Chicken and Rice

Diced chicken with red peppers, garlic cheese sauce and parmesan cheese.
Sides: Green beans and chocolate marshmallow crispy.
Contains: coconut, milk, soy

12. Chicken Tenderloin Dinner

Chicken tenderloin with country gravy.
Sides: Multi grain orzo and vegetable blend and chocolate covered strawberry mousse.
Contains: coconut, milk, wheat

13. Teriyaki Chicken

Diced chicken and pineapple with teriyaki sauce over ancient grain rice mix.
Sides: Parisian carrots and fortune cookies.
Contains: egg, milk, soy, wheat

14. Chicken Shawarma

Chicken thigh meat with a middle eastern sauce.
Sides: Rice/grain mix, naan bites and strawberries.
Contains: milk, sesame, wheat

15. Mandarin Orange Chicken

Battered chicken chunks in orange sauce.
Sides: Fried brown rice, edamame succotash and mangos.
Contains: egg, soy, wheat

16. Butter Chicken

Chicken tenderloin with butter sauce.
Sides: Green beans, hearty thai rice blend and brownie bites.
Contains: egg, milk, soy, wheat

17. Turkey Pad Thai

Turkey medallions in ramen noodles with broth.
Sides: Chocolate covered strawberry mousse and strawberries.
Contains: milk, soy, wheat

BEEF

18. Chopped Steak Patty and Beef Gravy

Charbroiled chopped beef steak patty with mashed potatoes and brown gravy.
Sides: Macaroni & cheese and chocolate marshmallow crispy.
Contains: coconut, milk, soy, wheat

19. Classic Meatloaf Dinner

Seasoned beef meatloaf with beef gravy, multi grain orzo and vegetable blend.
Sides: Strawberries and dinner roll.
Contains: egg, fish, milk, sesame, soy, wheat

20. Salisbury Steak Dinner

Salisbury steak with mashed potatoes and brown onion gravy.
Sides: Peas and lemon mousse.
Contains: milk, soy, wheat

21. Country Fried Steak

Breaded beef steak with mashed potatoes and country gravy.
Sides: Parisian carrots and applesauce.
Contains: coconut, milk, wheat

22. Pasta Meatball Bake

Half cut penne pasta with meatballs in cheesy tomato sauce.
Sides: Peas/carrots and applesauce.
Contains: milk, soy, wheat

SEAFOOD & FISH

23. Fiesta Salmon Bowl

Salmon mixed with cilantro lime rice, avocado and sweet chili mayo sauce.
Sides: Lemon mousse and strawberries.
Contains: egg, fish, milk, wheat

24. Creamy Garlic Shrimp

Shrimp over a creamy garlic rice mix.
Sides: Peas/carrots and chocolate marshmallow crispy.
Contains: milk, shellfish, soy

25. Fish and Chips

Parbaked battered pollock and tater tots.
Sides: Peas/carrots and lemon mousse.
Contains: fish, milk, wheat

PORK

26. Sweet and Sour Pork

Tempura pork, pineapple diced green peppers and onions in a sweet and sour sauce.
Sides: Hearty Thai rice and riced cauliflower blend and mini chocolate chip cookies.
Contains: coconut, egg, milk, pork, soy, wheat

27. Grandpa's Pork Rib Patty

Boneless BBQ pork rib patty with multi grain orzo and vegetables.
Sides: Dinner roll and mango.
Contains: pork, sesame, soy, wheat

28. Pepperoni and Cheese Calzone

Whole grain calzone filled with pepperoni, crushed tomatoes and mozzarella cheese.
Sides: 5-way vegetables and brownie bites.
Contains: egg, milk, pork, soy, wheat

29. Boneless Pork Chop Dinner

Boneless pork chop with cheddar mashed potatoes and country gravy.
Sides: Scandinavian vegetables and chocolate marshmallow crispy.
Contains: coconut, milk, pork, soy

VEGETARIAN

30. Banana Bread with Yogurt

Banana bread and egg patty.
Sides: Vanilla yogurt and strawberries.
Contains: egg, milk, soy, wheat

31. Homestyle Macaroni & Cheese

Elbow macaroni, cheese sauce and cheddar cheese.
Sides: 5-way vegetables and brownie bites.
Contains: egg, milk, soy, wheat

32. Blue Corn Vegetable Tamale

Blue corn tamale filled with zucchini, tomato, corn and green chili.
Sides: Cilantro lime rice, chocolate marshmallow crispy and mango.
Contains: milk, soy, wheat

33. Gnocchi Pasta Meal

Cheese filled gnocchi with pink alfredo sauce.
Sides: Scandinavian vegetables and mango.
Contains: egg, milk, wheat

HAND-HELD MEALS (single compartment tray)

34. Jimmy Dean Ham, Egg & Cheese Croissant

Ham, fried egg, cheese, croissant sandwich.
Side: Potato hash with salsa and cheddar cheese.
Contains: egg, milk, pork, soy, wheat

35. Homestyle Cheeseburger

Charbroiled beef patty with American cheese on a hamburger bun.
Sides: Sweet potato fries and graham crackers.
Contains: milk, soy, wheat