

PSA: 02

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## Home Delivered Meal Listing

| <b>Nutrition Project: DuPage Senior Citizens Council</b><br><b>Contact: Chad Harry, Enrollment Manager</b><br><b>Phone: 630-620-0804</b><br><b>Referral e-mail (send referrals to both addresses):</b> <a href="mailto:MCOreferrals@dupageseniorcouncil.org">MCOreferrals@dupageseniorcouncil.org</a><br><a href="mailto:Chad.harry@dupageseniorcouncil.org">Chad.harry@dupageseniorcouncil.org</a> |                       |              |                                                                                                                                                                               |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Geographic Area served:</b>                                                                                                                                                                                                                                                                                                                                                                      | <b>Delivery days:</b> | <b>Type:</b> | <b>Additional information:</b>                                                                                                                                                |
| DuPage County                                                                                                                                                                                                                                                                                                                                                                                       | Monday thru Friday    | Hot          | <ul style="list-style-type: none"><li>• 1 midday meal.</li></ul>                                                                                                              |
|                                                                                                                                                                                                                                                                                                                                                                                                     |                       |              |                                                                                                                                                                               |
| <b>Nutrition Project: Community Nutrition Network</b><br><b>Contact: Patty Strahan, Nutrition Director</b><br><b>Phone: (815) 941-1590</b><br><b>Referral e-mail:</b> <a href="mailto:grundymow@cnssa.org">grundymow@cnssa.org</a>                                                                                                                                                                  |                       |              |                                                                                                                                                                               |
| <b>Geographic Area served:</b>                                                                                                                                                                                                                                                                                                                                                                      | <b>Delivery days:</b> | <b>Type:</b> | <b>Additional information:</b>                                                                                                                                                |
| Grundy County                                                                                                                                                                                                                                                                                                                                                                                       | Monday thru Friday    | Hot, Frozen  | <ul style="list-style-type: none"><li>• 1 midday meal.<br/>Limited second and weekend meals available.</li><li>• Remote areas may have weekly frozen meal delivery.</li></ul> |
|                                                                                                                                                                                                                                                                                                                                                                                                     |                       |              |                                                                                                                                                                               |
| <b>Nutrition Project: Kane Senior Council</b><br><b>Contact: Chad Harry, Enrollment Manager</b><br><b>Phone: 630-338-0999</b><br><b>Referral e-mail (send referrals to both addresses):</b> <a href="mailto:MCOreferrals@dupageseniorcouncil.org">MCOreferrals@dupageseniorcouncil.org</a><br><a href="mailto:Chad.harry@dupageseniorcouncil.org">Chad.harry@dupageseniorcouncil.org</a>            |                       |              |                                                                                                                                                                               |
| <b>Geographic Area served:</b>                                                                                                                                                                                                                                                                                                                                                                      | <b>Delivery days:</b> | <b>Type:</b> | <b>Additional information:</b>                                                                                                                                                |
| Kane County                                                                                                                                                                                                                                                                                                                                                                                         | Monday thru Friday    | Hot          | <ul style="list-style-type: none"><li>• 1 midday meal.</li></ul>                                                                                                              |
|                                                                                                                                                                                                                                                                                                                                                                                                     |                       |              |                                                                                                                                                                               |

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| <b>Nutrition Project: Catholic Charities, Diocese of Joliet</b><br><b>Contact: Brandon Barrows</b><br><b>Phone: 815-933-7791, extension 9903 Fax- 815-933-4601</b><br><b>Referral e-mail: <a href="mailto:nutrition@cc-doj.org">nutrition@cc-doj.org</a></b>                                                                                                                   |                              |              |                                                                                                                                            |
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| <b>Geographic Area served:</b>                                                                                                                                                                                                                                                                                                                                                 | <b>Delivery days:</b>        | <b>Type:</b> | <b>Additional information:</b>                                                                                                             |
| Kankakee County                                                                                                                                                                                                                                                                                                                                                                | Every other week Mom's Meals | Refrigerated | <ul style="list-style-type: none"><li>• Every other week Mom's Meals</li></ul>                                                             |
|                                                                                                                                                                                                                                                                                                                                                                                |                              | Hot meals    | <ul style="list-style-type: none"><li>• Delivered Monday through Friday by Catholic Charities drivers from 9:00 a.m. - 2:00 p.m.</li></ul> |
|                                                                                                                                                                                                                                                                                                                                                                                |                              |              |                                                                                                                                            |
| <b>Nutrition Project: Community Nutrition Network</b><br><b>Contact: Louise Maritato, Nutrition Director</b><br><b>Phone: (630) 553-2316</b><br><b>Referral e-mail: <a href="mailto:lmaratato@cnssa.org">lmaratato@cnssa.org</a></b>                                                                                                                                           |                              |              |                                                                                                                                            |
| <b>Geographic Area served:</b>                                                                                                                                                                                                                                                                                                                                                 | <b>Delivery days:</b>        | <b>Type:</b> | <b>Additional information:</b>                                                                                                             |
| Kendall County                                                                                                                                                                                                                                                                                                                                                                 | Monday thru Friday           | Hot, Frozen  | <ul style="list-style-type: none"><li>• 1 midday meal.</li><li>• Remote areas may have weekly frozen meal delivery.</li></ul>              |
|                                                                                                                                                                                                                                                                                                                                                                                |                              |              |                                                                                                                                            |
| <b>Nutrition Project: Catholic Charities of the Archdiocese of Chicago</b><br><b>Contact: Sheryl Acevedo, Program Manager-Nutrition</b><br><b>Phone: (847) 740-6748</b><br><b>Referral e-mail: <a href="mailto:hdmcolake@catholiccharities.net">hdmcolake@catholiccharities.net</a> and <a href="mailto:sacevedo@catholiccharities.net">sacevedo@catholiccharities.net</a></b> |                              |              |                                                                                                                                            |
| <b>Geographic Area served:</b>                                                                                                                                                                                                                                                                                                                                                 | <b>Delivery days:</b>        | <b>Type:</b> | <b>Additional information:</b>                                                                                                             |
| Lake County                                                                                                                                                                                                                                                                                                                                                                    | Monday thru Friday           | Hot          | <ul style="list-style-type: none"><li>• 1 midday meal.</li></ul>                                                                           |
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| <p><b>Nutrition Project: Catholic Charities of the Archdiocese of Chicago-McHenry Co. Nutrition Services</b><br/><b>Contact: Brenda Meyer, Nutrition Services Director</b><br/><b>Phone: 224-234-3308</b></p> <p>Referral e-mail: <a href="mailto:hdmchreferral@catholiccharities.net">hdmchreferral@catholiccharities.net</a> and <a href="mailto:bmeyer@catholiccharities.net">bmeyer@catholiccharities.net</a></p> |                       |              |                                                                                                                               |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|--------------|-------------------------------------------------------------------------------------------------------------------------------|
| <b>Geographic Area served:</b>                                                                                                                                                                                                                                                                                                                                                                                        | <b>Delivery days:</b> | <b>Type:</b> | <b>Additional information:</b>                                                                                                |
| McHenry County                                                                                                                                                                                                                                                                                                                                                                                                        | Monday thru Friday    | Hot          | <ul style="list-style-type: none"><li>• 1 midday meal.</li><li>• Remote areas may have weekly frozen meal delivery.</li></ul> |
|                                                                                                                                                                                                                                                                                                                                                                                                                       |                       |              |                                                                                                                               |
| <p><b>Nutrition Project: Community Nutrition Network Will County</b><br/><b>Contact: Richard A. Frohbose, MS MBA RDN LDN, Director of Operations</b><br/><b>Phone: 224-423-2862</b></p> <p>Referral e-mail: <a href="mailto:willreferrals@cnssa.org">willreferrals@cnssa.org</a></p>                                                                                                                                  |                       |              |                                                                                                                               |
| <b>Geographic Area served:</b>                                                                                                                                                                                                                                                                                                                                                                                        | <b>Delivery days:</b> | <b>Type:</b> | <b>Additional information:</b>                                                                                                |
| Will County                                                                                                                                                                                                                                                                                                                                                                                                           | Monday thru Friday    | Hot, Frozen  | <ul style="list-style-type: none"><li>• 1 midday meal.</li><li>• Remote areas may have weekly frozen meal delivery.</li></ul> |
|                                                                                                                                                                                                                                                                                                                                                                                                                       |                       |              |                                                                                                                               |